





BREAKFAST

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| | | 1 Muffin or Cereal & Toast, Fruit, Juice, Milk | 2 Donut or Cereal & Toast, Fruit, Juice, Milk | 3 Friday School/ Teacher Work Day |
| 6 Pancake Saus. Stick or Cereal & Toast, Fruit, Juice, Milk | 7 Pancakes or Cereal & Toast, Fruit, Juice, Milk | 8 Scrambled Eggs or Cereal & Toast, Fruit, Juice, Milk | 9 French Toast or Cereal & Toast Fruit, Juice, Milk | 10 Long John or Cereal & Toast Fruit, Juice, Milk |
| 13 Bagel or Cereal & Toast, Fruit, Juice, Milk | 14 Pancakes or Cereal & Toast, Fruit, Juice, Milk | 15 Egg & Toast or Cereal & Toast, Fruit, Juice, Milk | 16 Breakfast Bar or Cereal & Toast, Fruit, Juice, Milk | 17 Muffin or Cereal & Toast Fruit, Juice, Milk |
| 20 Cook's Choice Cereal & Toast Fruit, Juice, Milk | 21 Cook's Choice Cereal & Toast Fruit, Juice, Milk | 22 Cook's Choice Cereal & Toast Fruit, Juice, Milk | 23 Cook's Choice Cereal & Toast Fruit, Juice, Milk | 24  |

LUNCH

| | | | | |
|--|--|--|---|--|
| | | 1 Mac & Cheese Veggie, Fruit, Salad Bar, Milk | 2 Salisbury Steak, Mashed Potatoes, Fruit, Salad Bar, Milk | 3 Friday School/ Teacher Work Day |
| 6 Mr. Rib on Bun, Veggie, Fruit, Salad Bar, Milk | 7 Soft Shell Taco, Veggies, Fruit, Salad Bar, Milk | 8 Hot Ham & Cheese, Veggie, Fruit, Salad Bar, Milk | 9 Tater Tot Casserole, Veggie, Fruit, Salad Bar, Milk | 10 Fiestada Pizza, Beans, Fruit, Salad Bar, Milk |
| 13 Corn Dog, Veggie, Fruit, Salad Bar, Milk | 14 Spaghetti, Garlic Toast, Veggie, Fruit, Salad Bar, Milk | 15 Hot Dog on Bun, Veggie, Fruit, Salad Bar, Milk | 16 Pizza, Veggie, Fruit, Salad Bar, Milk | 17 Hamburger on Bun, Veggie, Fruit, Salad Bar, Milk |
| 20 Cook's Choice, Veggie, Fruit, Salad Bar, Milk | 21 Cook's Choice, Veggie, Fruit, Salad Bar, Milk | 22 Cook's Choice, Veggie, Fruit, Salad Bar, Milk | 23 Cook's Choice, Veggie, Fruit, Salad Bar, Milk | 24  |

*Breakfast is served from 7:50-8:05 am. Please make sure students are headed down to the lunch room right away so there's time to eat!

*In order to stay within the state guidelines, breakfast can be either cereal & toast, fruit & milk or the entrée of the day, fruit, & milk. It cannot be both and stay within the caloric guidelines the state has made mandatory.

*REMINDER – Children eligible to receive lunch at free or reduced price are also eligible to receive breakfast at the same rate.